



## Family NEWSLETTER January 2019

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### KNOW! To Practice Kindness

When kindness is a priority in the lives of young people, they are likely to have an increased overall sense of well-being, purpose and happiness.

We all want our children to be happy, right? So as parents and teachers, we find ourselves going out of our way, doing many small acts of kindness every day, solely for their benefit. But what we quickly learn is that these acts of kindness actually benefit us as well, even if unintended. Why? Because we care deeply about our children and students, and it feels good to do good for them.

The same holds true for our children. When they take the opportunity to do something good for someone else they make that person feel happy. Such good deeds and the spreading of kindness need not be complicated.

Try sharing these simple, yet effective ideas with your teens:

- Hold the door, give up your seat or let someone go in front of you.
- Leave change in the vending machine.
- Help out around the house without being asked to do so.
- Send someone a text of 'thanks.'
- Hand out a compliment.
- Say good morning to your bus driver or teacher.
- Help a younger sibling with homework.
- Pick up litter around school.
- Shovel a neighbor's driveway.
- Stand up for someone being bullied.
- Donate your old sports equipment.
- Visit an elderly neighbor.
- Hug your parents; call your grandparents.

Of course if you're wanting to instill the importance of kindness in youth, it is best taught by example!

In addition to positive role modeling, you can help youth put kindness into practice through an easy and enlightening activity. Whether at home or in the classroom, have each child (as well as yourself) record ONE act of kindness per day that they engaged in during a chosen month. At the end of each week, take time to share and learn from each other's good deeds. This kind of sharing is also beneficial because it encourages reflection and helps bring meaning to their actions.

It's important to help youth focus on the importance of kindness, keeping in mind that goodness breeds further goodness, and a single act can influence dozens more.

For research, resources and additional home and classroom activities, visit [The Random Acts of Kindness Foundation](#).

Learn how to get the conversation started at [StartTalking.Ohio.Gov](#).

[Sign-up for Know! parent tips.](#)

[Return to the Ohio Department of Education's Start Talking! webpage.](#)

Sources: [The Random Acts of Kindness Foundation](#). [Marilyn Price-Mitchell Ph.D.: Psychology Today: Acts of Kindness: Key to Happiness for Children & Teens.](#)



## Wi-Fi Partners Needed

Local businesses can become a Leopard Connection Wi-Fi Partner by simply providing students free access to their businesses current Wi-Fi system. Those interested in becoming a Leopard Connection Wi-Fi partner can sign up at [tinyurl.com/LCSDwifipartner](http://tinyurl.com/LCSDwifipartner).

## Protecting Our Paws *Donations Needed for Families in Crisis*

Louisville Schools have partnered with the United Way of Stark County to provide a Family Support Specialist (FSS) to work alongside a CARE team at each school. CARE teams provide clothing, community agency referrals, food, health and hygiene products, holiday assistance, mentoring of parents and students, shelter, and many other social and emotional supports. We always appreciate monetary contributions but are also seeking any of the goods and services mentioned above.

## College Credit Plus

This is a reminder to all parents and students who plan on taking College Credit Plus classes either on our Campus or on a College Campus next school year. There is a mandatory meeting Monday, January 7<sup>th</sup> at 6 p.m. in the high school cafeteria for both students and parents.

Packets of information will be passed out this evening along with slips that need to be signed and turned in. This meeting will walk you through all the steps necessary for students to earn college credit while in high school. No student will be permitted to take a college credit plus class without attending this meeting and turning in a signed slip. Attending this meeting and turning in your slip does NOT mean that you have to take CC+ classes but does allow you to sign up for them if you would like.

## School Fees

School fees are past due. If you need to make arrangements for a payment plan, please contact the main office to set that up! You are always able to pay on line at <https://www.payschoolscentral.com/#/user/login>

## Upcoming Events

### January:

1-2	Winter Break
7	CC Plus Parent Meeting @ HS 6 PM
9/10	Honors Algebra I Semester Exam
10/11	Art I Semester Exam
11	End of Semester 1
15	PTO Meeting 6:30 PM – Library
18	Teacher Day, No School
21	Martin Luther King Day No School
24	6 <sup>th</sup> Grade Awards 1:00
25	8 <sup>th</sup> Grade Awards 12-1 7 <sup>th</sup> Grade Awards 1:30-2:30

### February:

12	Parent-teacher Conferences 3-6:30
14	PTO Stupid Cupid Party 6-8
15	No School
18	Presents Day, No School
19	PTO Meeting 6:30 PM- Library

### March:

14	Picture Day
15	End of Grading Period
19	PTO Meeting 6:30 PM-Library
25-29	Spring Break – No School

### April:

4	6 <sup>th</sup> Grade Awards 1:00
5	8 <sup>th</sup> Grade Awards 12-1
	7 <sup>th</sup> Grade Awards 1:30-2:30
16	PTO Meeting-Library 6:30
23	LMS Musical Presented by Choral Department

### May:

2	Spring Band Concert 7 <sup>th</sup> /8 <sup>th</sup> Grade 7 PM
7	6 <sup>th</sup> Grade Band Concert 7 PM
14	PTO Meeting in Library 6:30
21	Choir Concert 7 PM
27	Memorial Day, No School
28	6 <sup>th</sup> Grade Awards Program 8:30
	7 <sup>th</sup> Grade Awards Program 1:00
29	8 <sup>th</sup> Grade Awards 7:45 am
	Farewell Party 11-2
30	Cedar Point Trip





*Our vision: E<sup>3</sup> - Empowering Students + Engaged Community = Endless Possibilities*